

Transcript for Future Quest Video - 2019

I'm Diane Loomis from George Mason University in Fairfax Virginia.

We believe that planning for life after high school is key to transition success to help you in your transition planning there will be a college and career conference called Future Quest at George Mason University on October 26th.

There will be experts to learn from college and organization representatives for you to talk to and it is free to all middle and high school students and their families who register, so Future Quests at George Mason University on October 26th.

I am a student at Northern Virginia Community College at Annandale campus and as of now I've accomplished 21 college credits that are both transferable and that I got a pass on. Well, wonderful, congratulations! Thank you very much!

When you were growing up in middle school and high school as you imagine your future did disability play a part?

Oh yes it did, it made a huge impact that a big part of my life such as going through school with an aide or a tutor and also by having an IEP plan but over time and in Yorktown high school for me during my senior and my extra year at high school I started to get less and less of that and start to learn how to pay attention to classes and learn how to work things out independently.

Why is it important for young people to plan for their futures? I think it is important to plan for the future because it is very beneficial to them to become financially secure and also how to help themselves and maintain themselves even by trying to describe today's economy and I think it's also very beneficial to become social with different people and to learn about people's different perspectives because society right now is a little bit divided.

And we are talking about Future Quest which is the college and career forum coming up in

2019 in October where there are a number of sessions for young people and their parents and a particular offering for youth and learning workplace readiness skills. So what do you think would be the benefits of young people and their families for attending to attend Future Quest? I would say it's a start off by getting to the big picture and the main idea of what it is and I would recommend by going to specific sections to find specific skills such as managing your money, advocating for yourself, knowing how life would work without an IEP, and what you should do to become responsible for yourself because life can seem cruel and life can seem

unfair but it can get easier and easier when you start to learn how to adopt these skills and that's how you become independent. Well Michael we hope to see you at future quest and we hope to see everyone else at Future Quest in October 2019 at George Mason University.